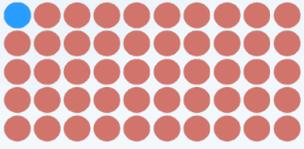


# What's up with fentanyl?

## Strong



Fentanyl is a very strong opioid, **50x stronger** than heroin.

## Fast



Overdose can happen in **seconds** or **minutes**.

## Higher Risk



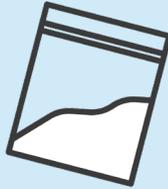
*Most overdose deaths in WA State now involve fentanyl.*

## What does it look like?

In WA State, most fentanyl has been in blue pills with a "M30" stamp. It's sometimes in drugs that look like powder, or a rock like crack cocaine.



**Fentanyl could be in any drug you buy on the street or online.** What fentanyl looks like will continue to change.

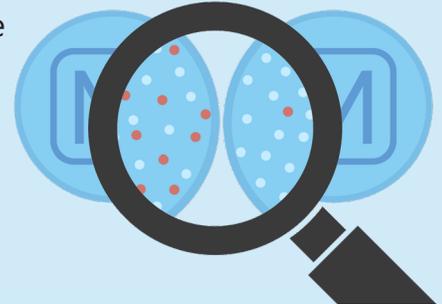


## What's the risk?

The amount and strength of fentanyl **can vary a lot**.

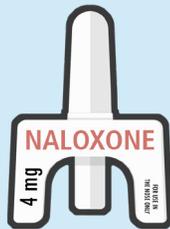
One pill might have a deadly amount.

Another pill might have very little, if any, fentanyl.



## Naloxone works on fentanyl.

**Carry naloxone.** Tell people you have it and how to use it. Because fentanyl is so strong, it may take more than one dose to work. Keep extra kits around.



## Meth does not protect from OD.

Using meth along with fentanyl actually **increases the chance of overdose**.

If you use both meth and fentanyl, use one at a time, and pace yourself slowly with small amounts.



## Mythbusting Facts

**1** You can overdose on fentanyl **however you use it:** if you smoke, swallow, snort, or inject.

**2** It's safe to respond to a fentanyl overdose! You can't overdose just by touching fentanyl or drugs that contain fentanyl.

# What can I do?

- Start with a **small amount** and **go slow**. Use one drug at a time.
- When you can, **use around other people**. Use one person a time. That way, if someone overdoses, one person can respond.
- If you do use alone, **let a friend know they should check on you**.



Try **neverusealone.com** or call **(800) 484-3731**. You provide some basic info, and they stay on the phone with you for a few minutes after you use. If you stop responding, they call 911.

- **Watch your tolerance**. If you take a break from using fentanyl or other opioids, use way less when you start again.

# Signs of a fentanyl OD:

- Not breathing. Gurgling or heavy snoring.
- Won't wake up.
- Blue or gray skin, lips or fingernails.
- Chest muscles may get stiff.



# What to do in an OD:

- **Call 911 right away**. You don't have to say there's been an overdose, just that someone is not breathing.
- **Give a dose of naloxone**. You may need to give another dose every 2 minutes. Do rescue breathing until they start to breathe on their own.



*Learn more about fentanyl and find naloxone at:*  
StopOverdose.org & LacedAndLethal.com

**STOPOVERDOSE**  
.org

**LACED &  
LETHAL**